

# CORE VALUES

*Oneg*

## JOY



Shabbat is a weekly opportunity to create and share joy. Light, wine, nourishment, fellowship — Shabbat is a reminder to delight in life; to pause and punctuate the week with a regular sense of warmth and wonder.

*Hachnasat Orchim*

## WELCOMING



Shabbat is an ancient communal wellness practice, and an antidote to loneliness in our modern world. We express radical hospitality, welcoming guests or graciously being welcomed, while honoring the essential value in all human beings (*kavod ha'briot*).

*Kedushah*

## ELEVATION



Shabbat is an invitation to explore holiness, a sense of "sacred Otherness" by elevating time, space, food, and relationships. We balance established custom (*kevah*) and personal intention (*kavanah*) to welcome the weekend with an ever-evolving practice and experience of ritual.