

# ONETABLE CORE VALUES

ONETABLE IS GUIDED BY AND PUTS INTO PRACTICE  
THE FOLLOWING JEWISH VALUES



## **Holiness / Separateness** (*Kedusha*)

Because Shabbat is distinct from the rest of the week, the preparation and experience of Shabbat dinner is elevated, granted greater significance than other meals.

## **Inclusive Community** (*Kvod Ha'briot*)

While Shabbat offers quiet meditative moments; Shabbat dinner is an essential social gathering. We cherish the differences among the Jewish people; provides support that allows for the practice of ritual according to varying interpretations and understandings.

All styles of Jewish practice are equally valid and honored, and all are welcome regardless of religion, race, sexual or gender identity.

## **Intention** (*Kavanah*)

Ending your week with intention with good food and good friends is good for you. The OneTable model invites a healthy cultural shift, a focus on making a commitment, planning ahead, and crafting with care. From menu planning, to table settings, to warmly worded invitations Shabbat is a time to gladden the eye as well as the spirit.

## **Ownership / Authenticity / Wisdom** (*Chochma*)

OneTable provides educational opportunities and resources for emerging adults to explore the celebration of Shabbat as a gateway to deeper understanding of Jewish thought, Jewish life and Jewish values. Empowered by tradition, hosts create Shabbat dinners that reflect their personal style and interests, their interpretation or reinterpretation of Judaism, or their connection to Jewish meaning, history or people past and future, in a way that feels authentic to them.

## **Enduring Practice** (*Kevah*)

Practicing Shabbat is a tool for marking time, especially for young adults experiencing transition. Taking ownership of family traditions can be a powerful inspiration for young adults as they develop their own customs. A Shabbat dinner practice evolves throughout life, shifting to changing needs and lifestyle while also providing a steady, grounding ritual.

## **Welcoming Guests** (*Hachnasat Orchim*)

Hospitality is deeply rooted in Jewish tradition; creating create warm, supportive dinners is a way to welcome others.

## **Joy** (*Oneg*)

Shabbat brings inherent pleasure and delight. We hope that becoming a host or attending a dinner as a guest brings participants happiness.